



PRESS RELEASE

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SUCCESSFUL COMPLETION OF THE NIK PROJECT

"Newcomers in the Kitchen - NIK", is an international project that its goal was to support and to improve the integration of emigrants and refugees in our countries, by utilising food and cooking together as tools.

The NIK project supported by the ERASMUS + program was developed with a partnership which involved vocational training institutions and organisations dealing with inclusion and VET from the Netherlands, Finland, Germany, Denmark, Belgium, Estonia and Italy.

NIK focused on VET students and pupils from primary/secondary level including teachers (and parents), in support of the following objectives:

- To develop learning material about food, both from host countries and from the Newcomers;
- To give Newcomers a better knowledge of the language and culture of the European host countries;
- To stimulate Newcomers' participation in the educational system, including VET;
- To contribute to a more attractive VET, with more participants; and
- To support the participation of Newcomers in the European labour market.

The NIK project started in the end of 2017 but has now reached its funding period closure. This does not mean though that the project and its results will cease to exist. The project outcomes range from the elaboration of methodological guidelines for the use of the "kitchen" as a learning and meeting place between young generations, and the development of an app to learn about culture through gamification for children to multi-ethnic cooking sessions.

All NIK products, recipes and activities are available on the project [website](http://www.newcomerskitchen.eu), where you can also find more information on how to download the NIK game for free!



Visit the NIK website at:
www.newcomerskitchen.eu

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